## 1. Eligibility

To be eligible to participate in the Transform8 8 Week Challenge, you must:

- Be at least 18 years of age.
- Be a resident of Australia.
- Agree to follow all the Terms and Conditions outlined in this document.

You must complete a body scan at one of our Fitness Cartel locations before starting the challenge, additionally supplying Before and After photos in the correct format and at the end of the 8-week period to be eligible for the giveaway and judging.

#### 2. How to Enter

To enter the Fitness Cartel 8 Week Challenge and be eligible for the giveaway, follow these steps:

- 1. Join the Challenge Register online via the designated [WEB PAGE] to sign up for the challenge or join in club.
- 2. Complete a body Scan Complete your scan at a Fitness Cartel location before beginning the challenge.
- 3. Submit Before Photos Take your "before" photos in club on the designated start day of the challenge (cannot be completed earlier than start date).
- 4. Participate in the Challenge Actively participate for the full 8-week duration.
- 5. Complete Final Body Scan At the end of the challenge, complete a second Body scan.
- 6. Submit After Photos Take your "after" photos in club on the designated end date of the challenge (cannot be completed later than end date).

Important: All steps must be completed for you to be eligible for prize consideration. Failure to complete the Body scan before the end of the challenge date makes you ineligible to win.

## 3. Challenge Duration and Dates

- The challenge must be on March 15<sup>th</sup> 2025.
- All challenges must be completed by May 10<sup>th</sup> 2025.
- Winners will be announced at the end-of-challenge event on 17<sup>th</sup> May 2025...

### 5. Discount Offers

Occasionally, discount offers may be available during the challenge. Only one discount offer can be used at a time, and these offers can only be applied to new sign-ups. Offers are subject to availability and may change unexpectedly.

#### 6. What's Included

- **Training Plans** Create a training plan specific to your goals via mybodyscience.
- **8-Week Challenge HIIT Cartel access**: Have access to our Premium Platinum Product HIIT Cartel.
- **Supp Consult**: Based on your goals and scan results you will have access to an individualised Supplements consult.
- **Meal Plans**: Access to create individualised meal plans via mybodyscience.
- **Discounts**: Discounts on Supplements and FC Apparel.

## 7. How the Challenge is Judged

The challenge will be judged based on:

- % Body Fat Loss
- % Lean Muscle Gain
- % Total Body Weight Loss
- Hydration consistency (ICF/ECF)
- Before and After Photos

### **Photos and Clothing**

Photos must be taken in club in club on designated start date (not before). They must be taken in the correct format of Front, Back, and Sides.

Appropriate clothing must be worn either in the format of shorts and topless (male competitors) shorts and croptop/sports bra (female competitors). Tshirts are permitted however they must be close fitting.

#### **Awards**

Prizes will be awarded based on these criteria, with winners in the following categories:

- Male and Female Club winner, Male and Female Club runner up
- Male and Female National Winner

#### 8. Prize Details

#### National Prize Male and Female:

- \$2,500 cash
- 1 Year Merse Wellness Membership
- 3 Months NC Supplements (\$250)
- New FC Wardrobe (\$500 voucher)

### 1st Place in Club (Male & Female):

- 12M FC Membership **OR** 6M Merse
- \$250 Apparel Voucher
- \$250 Nutrition Cartel Voucher
- \$250 Merse Voucher

## 2nd Place in Club (Male & Female):

- \$250 Apparel Voucher
- \$250 Nutrition Cartel Voucher
- \$250 Merse Voucher

**Important**: We reserve the right to amend prizes to those of equal or greater value in case of non-availability.

## 9. Membership Requirements

A membership is required to participate in the challenge. Staff are permitted to enter but not eligible for prizes.

## 10. Judging and Winner Selection

Judging will be based on body scan data collected before and after the 8-week period, along with Before and After Photos. Judging will be done by a panel of no less than 10 people on a points-based voting of top 3 for each judge.

Winners will be selected based on their results, including fat loss, muscle gain, and body weight loss alongside Before and After Photos.

Consistency of results will also be checked alongside hydration results from scans.

#### 11. Winner Notification

- Winners will be announced at the end-of-challenge event on 17<sup>th</sup> May 2025.
- Winners will be notified via phone and email within 72 hours after the event.
- If a winner does not respond or claim their prize within 14 days of notification, the prize will be forfeited, and a new winner will be selected.
- National winners will be announced within 14 days of the Club Winners.

- Winners will be notified via phone and email within 72 hours after the event.
- If a winner does not respond or claim their prize within 14 days of notification, the prize will be forfeited, and a new winner will be selected.

#### 12. General Terms

- By entering, you agree to follow all Terms and Conditions of the challenge.
- Fitness Cartel Australia reserves the right to cancel, modify, or suspend the challenge in the event of unforeseen circumstances.
- No refunds will be issued for the challenge entry or membership.
- Upon entering this challenge, you accept the final results and winners chosen.

## 13. Privacy and Data Protection

By participating in the challenge, you consent to the use of your data for the purposes of the competition, including your before/after photos and body scan results. Fitness Cartel Australia will treat your personal data in accordance with our **Privacy Policy**.

# 14. Limitation of Liability

Fitness Cartel Australia is not responsible for any injury, loss, or damage arising from participation in the challenge, including any third-party vendors or suppliers involved.

### 15. Acceptance of Terms

By registering for and participating in the Transform8 8 Week Challenge, you acknowledge that you have read, understood, and agree to these Terms and Conditions.

### 16. Contact Information

For any questions or concerns regarding the challenge, please contact Fitness Cartel Australia at:

• **Email**: support@fitnesscartel.com.au